



# NYNGAN HIGH SCHOOL

INNOVATION, EXCELLENCE, OPPORTUNITIES & SUCCESS

THURSDAY 28TH JULY, 2016

TERM 3 WEEK 2

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## DATE/EVENTS

## UP COMING DATES

Homework Centre Mondays  
3.30pm to 5.00pm Weeks A & B  
and Thursdays Week A ONLY

Senior Study Evening 7.00pm to  
9.00pm Wednesdays

Thursday 28th July - Open Girls  
League Tag Gala Day -  
Coonabarabran

Friday 29th July - Regional Ath-  
letics Carnival

Monday 1st August - P&C Meet-  
ing 5.45pm

Monday 1st August - AECG  
Meeting

Tuesday 2nd August - Arts in  
the Dark Nyngan High School  
Gymnasium 6.00pm \$5.00 adult  
\$2.00 student—BBQ and Café  
available

Tuesday 2nd August - 2017 Sub-  
ject Information Evening

Thursday 4th August - Careers  
EXPO

Friday 5th August - MIDDLE  
SCHOOL

Friday 5th August - Year 10 into  
11 Interviews

Monday 8th August - NAIDOC  
Week

Monday 15th August - Year 12  
Trial HSC Exams begin

Friday 19th August - MID  
TERM BREAK

Monday 22nd August - MID  
TERM BREAK

## NYNGAN HIGH SCHOOL

### State Cross Country Rep



Congratulations to Mia who represented Nyngan High School at the State Cross Country held at Eastern Creek last Friday 22nd July, 2016. Well done from the staff and students of Nyngan High School.

## **Principals Report**

Dear School Community,

Welcome back to Term 3. This is by far the most exciting and diverse term in our high school year!

This term encapsulates major exam weeks for Years 11 and 12, Education Week in week 3, NAIDOC Week celebrations in Week 4, the culmination of HSC Major Projects and Performances, Year 12 festivities and farewell assembly prior to the HSC, subject selections for 2017 in Years 8 and 10, our 'Arts In The Dark' evening, the finish of Preliminary HSC courses for Year 11 students, our Year 12 Formal, and for Nyngan specifically the Ag Expo.

### **Staffing Update**

Ms Ngaire Booth was appointed as the Teacher Librarian of NHS following a successful application and interview for the position. Ms Booth holds a wonderful vision for our library's future and we are ecstatic with her appointment. Ms Booth will continue to teach the Aboriginal Studies course whilst managing and evolving the library.

Ms Heather McVey has moved into the English faculty to replace Ms Booth and will teach those classes for the remainder of 2016. This is a wonderful opportunity for Ms McVey to further develop her teaching skills and work with our students consistently each day.

Mr Luke Matheson will now take on the Relief Teacher role at NHS. Having worked with our School Learning Support team for the first two terms of 2016, this is a great opportunity for Mr Matheson to broaden his skills as a teacher and build further positive relationships with our students.

We welcome back Mr Troy Richards, who will resume a School Learning Support Officer role for the remainder of 2016. Mr Richards has experience in working with our students and he will provide our school with great support for student learning and development.

Mrs Jenny Martin has begun working with our School Learning Support team. Mrs Martin comes to NHS with a wealth of experience in working with young people and she will become a regular feature of this team.

### **Library Update**

With Ms Booth commencing in our library, some change will begin to occur. The modern learner and the styles of research in our modern world, require a change of learning environment.

In the coming weeks and months our students and staff will evolve the library into a more contemporary space for learning. This will not happen overnight and it means in no way we are doing away with books. The way we utilise our reading, research and developmental resources in the library is what will change. Also Ms Booth's style of teaching and personality will begin to shine through as the learning environment of the library evolves.

I encourage all students and any parents with great ideas to contribute to the evolution. Stay tuned!

### **Subject Selections**

At this time of year, our Year 8 and 10 students make their subject choices for 2017/18.

For Year 10 this means making choices which will place them in a good pattern of study to support their future. This is a wonderful time and a chance to shape your future. Picking the "right subjects" is difficult and requires some honest discussions between students, parents and the school. For Year 8 this is the chance to have some say in your subjects and an opportunity to pick some subjects which interest you and will provide you with new and exciting opportunities to develop.

There are some important dates for the next few weeks listed below:

<u>Date</u>	<u>Year 10</u>
Tuesday 26 <sup>th</sup> July	Subject Selections Booklet issued to students
Term 3 Week 3, Monday	Subject information sessions on Preliminary Course and Higher School Certificate Course. Every Year 10 student will receive a copy of the <i>Senior Studies Guide</i> and the <i>Career Planning Guide</i> .
Term 3 Week 3 Tuesday, 2 <sup>nd</sup> August 5.30pm Library	Subject Information Evening where information regarding subject choice and the HSC will be presented.  Students and parents can then tour the various subject areas, to see work in action and have questions answered by course teachers.
Term 3 Week 3 Friday 5 <sup>th</sup> August	All students will be interviewed by experienced staff, regarding their subject choices, between 9-11 am. Students hand in subject selections form.
Term 3, Weeks 4-8	Subject lines will be developed based on student interest in subjects and available school resources. Students will be re-interviewed if their pattern of subjects does not entirely fit the developed lines.
Term 4	Students will receive confirmation of their Preliminary Course selections for 2017.

<u>Date</u>	<u>Year 8</u>
Tuesday 26 <sup>th</sup> July	Subject Selections Booklet issued to students
Term 3 Week 3 Tuesday, 2 <sup>nd</sup> August 5.00pm Library	Subject Information Evening where information regarding subject choice and the HSC will be presented.  Students and parents can then tour the various subject areas, to see work in action and have questions answered by course teachers.
Term 3, Weeks 2-3	Subject information sessions on Preliminary Course and Higher School Certificate Course.
Term 3 Week 4 Monday 8 <sup>th</sup> August	Students hand in subject selections form to Mr Miles with their 4 choices.
Term 3, Weeks 4-8	Subject lines will be developed based on student interest in subjects and available school resources. Students will be interviewed if their pattern of subjects does not entirely fit the developed lines.
Term 4	Students will receive confirmation of their Elective selections for 2017.

### **Duke of Edinburgh**

Congratulations and well done to Mr Richard Milligan for his continued leadership of our Duke of Ed program. Mr Milligan was successful in attaining a grant of \$7000 to support our program at NHS. This funding will provide the school with further opportunities to purchase camping and outdoor recreation gear for student use and to support students to attend Duke of Ed trips.

During the last days of Term 2 and the first week of the holidays Mr Milligan and Mr Joel White conducted our latest Duke of Ed walk and camp. This was a wonderful excursion through the Hawkesbury area and The Great North Walk. The terrain they would have endured is beautiful but also challenging. Well done on a great trip.

### **Road Safety**

I have recently received a letter from the Bogan Shire Council, expressing concern about the manner in which some students are travelling to and from school. Having recently lost a former student to a serious car accident, I can only stress that it is highly important we are safe on the roads.

Students riding a bike, scooter or skateboard to and from school should wear a helmet and obey the road rules, including using the bike lanes which are marked on our local roads. Parents can remind their children of the responsibilities that come with using our roads. Those students who drive to school have only their license to lose if they do not obey the road rules- it's your choice.

From the schools perspective, any student traveling to and from school who places themselves or other road users in danger faces consequences within the Department of Education's discipline policy. I will also make contact with parents of these students to discuss an alternate method for travelling to and from school.

Please be safe. Your life depends on it.

### **NHS Marquees & Banners**

Our school has recently purchased some shade marquees and tear-drop banners for use at school events. These resources not only provide shade but are also a wonderful display of school pride and a place for our school community to meet under during events.

We have now purchased tear-drop banners for each of the school houses which will be available for use at school carnivals and functions.



### **Year 12 Term 3**

This term is a busy and at times, stressful occasion for our HSC students. Significantly, all students will undertake the Trial HSC Exams in weeks 5 and 6, finish their study of courses and celebrate school life in the last few weeks of the term. Many students are finalising major projects and performances, which will be on display at our 'Arts In The Dark' evening.

I encourage all students to stay on-task until all of the work is done. Make sure you maintain a strong work ethic and give your very best. Parents can support their child by making sure there are good amounts of study occurring, along with some relaxation, exercise and good nutrition.

*Michael Gibson*  
*Principal*



**Your hardest times  
often lead to the  
greatest moments of  
your life. Keep the  
faith. It will all be  
worth it in the end.**

### **P&C News**

Hi everyone, Thanks to Janelle Jeffery, Loretta Pears, Di Dunn, Jodi Douglas and Mandy Martin who helped me on the footy gate on the weekend. We also had a game through the holidays and I would like to thank the following workers: Leah McClelland, Leonie Smith, Mary Andrews, Dee Stephens, Nikki Russell and Janelle Jeffery for their help with that one. It was very much appreciated. Only one more home game to go on the 7th August, so if you have missed your opportunity to help and would like to, now would be a good time to do so. Please contact Stephanie on 0428 739 426, otherwise I will need to rely on my ever reliable helpers for this again. We have had nine home games so we will have raised an amazing \$1800. Thank you to the Nyngan Rugby League Club for allowing us the opportunity to do this.

We have a P&C meeting this Monday 1st August at 5.45pm. We would love to see some new faces, so please come along.

Thanks for listening

*Stephanie Waterhouse*  
*Nyngan High School P&C Association*  
*President*

## **Deputy Principal's Report**

Welcome back to Term 3, 2013. I hope everyone had a relaxing holiday.

**NAIDOC Week** was the first week of July but we will be celebrating with activities in Week 4. NAIDOC stands for National Aborigines and Islanders Day Observance Committee. Its origins can be traced to the emergence of Aboriginal groups in the 1920's which sought to increase awareness in the wider community of the status and treatment of Indigenous Australians.

NAIDOC is a celebration of Aboriginal and Torres Strait Islander cultures and an opportunity to recognise the contributions of Indigenous Australians in various fields.

Nyngan High School will be participating in the local Nyngan NAIDOC week opening ceremony on Monday 8<sup>th</sup> August and we will be showcasing activities on Wednesday 10<sup>th</sup> August. Keep an eye on our school website for updates on activities.

## **Year 12 Trial HSC Exams**

These exams are in Weeks 5 and 6 and students should be in the full swing of revising and studying regularly to ensure they are prepared for these exams. We have a senior study evening every Wednesday in our library from 7pm to 9pm with university trained teachers available to help students and our Homework Centre is every Monday and Wednesday from 3.30pm to 5pm, again staffed by university trained teachers.

Below are some more tips from previous HSC students:

Stress is normal, everyone else is probably going through it. Just because someone says a subject is hard it should never put you down. Use it to your advantage. By the end of the year after all your revision you realise how much easier everything is.

The basics, it is really about getting the small things right. If you can do them, then everything else will work out by itself.

Time management is crucial, plan leisure and study in advance, ensuring a balanced life.

Try your very best, Year 12 is hard, but at the end it is so rewarding.

Year 12 is about determination and persistence, not how smart or intelligent you are. As long as you work hard, the results will be a lot better than what you had primarily expected.

You will have forever to enjoy your life. Set aside Year 12. Study hard, revise constantly and remember that there are many ways to the top of a mountain but the view is always the same.

## **Learning Difficulties Coalition**

Attached is the Learning Difficulties Coalition Regional, Rural and Remote Schools Update. LDC is a coalition of individuals and parent support groups which provides support and information about children (5-18yrs) with learning difficulties and related conditions such as AD/HD, dyslexia, Tourette Syndrome, Autism and Asperger's Syndrome, Velo-Cardio-Facial Syndrome, Dyspraxia and Anxiety Disorders.

The group is based at the Westmead Children's Hospital and is supported by the NSW Department of Education and Communities. Our learning and Support teachers at Nyngan High School, Mrs Lupton and Mr Walsh are available if you wish to talk with them about any of issues regarding your child's learning.

I am looking forward to a busy and productive Term 3.

Kind regards,

***Mrs Melanie Murray***  
***Deputy Principal***

## Maths News

Welcome back to Term 3 and what a busy term it is.

We would like to wish our Year 12 students all the best for their final term of schooling. HSC Dance students Emerson and Jarrod will be visited by HSC markers on Wednesday 17<sup>th</sup> August, the Visual Arts class will have their Body of Works 'locked up' on Monday 29<sup>th</sup> August and the HSC markers will be back to mark Brianna for her Music performance later in the term. The Year 12 Maths classes are finishing off their courses and will sit their Trial Examination in Week 6.

Nyngan High School will present their inaugural Arts in the Dark. This will be a showcase of predominantly Year 12 HSC practical performances and projects. The Visual Arts and Industrial Technology rooms will be open so we can view the progress of their works and the Hospitality class will be serving us coffee, slices and muffins. At 6:15 the dancers will commence proceedings, followed by the drama students at 7:15 and the music students will finish the showcase commencing at 8:15. The Tongling delegation will also be selling sausage sandwiches and drinks. The cost of the evening is \$5 per adult and \$2 per school aged student. Some seating will be available but everyone is encouraged to bring a chair.

We signed off last term with the 5's problems and it was wonderful to have Reuben Stapleton and Mr Miles submit entries which of course were perfect. The problem this fortnight is:

Move **one** matchstick to make a correct answer.



The beauty of algebra...



*Tanya Buchanan*  
*Maths/CAPA Head Teacher*

# **Invitation: Youth Group Launch Night**

**with**

**Free Sausage Sizzle**

**Friday 5<sup>th</sup> August 6:30 – 8:30pm**



Limelight/Insight is a new Friday Night high school age youth group being started in the former scout hall (now Community Hall). Richard Milligan, school Chaplain, is leading the team of volunteers who will run the group weekly. Thanks mostly to a visiting team of retired tradies in caravans, the hall renovations are nearly complete, and the youth group will kick off with a free sausage sizzle & information available for parents.

If you would like to know more please contact Richard Milligan

**M: 0401612768 E: [nynganyouth@gmail.com](mailto:nynganyouth@gmail.com)**

## **The End of an Era**

*Mr Corby on his last day with Mrs Bush*



It was with great sorrow that Nyngan High School farewelled Mr Greg Corby on his way to a life of leisurely retirement. However for every door that closes another opens and we are very excited to usher in a time of change and development in the Library.

Ngaire Booth, aka the Book Chook, has been appointed to take up the reigns and is bubbling over with ideas to bring the library space in line with the Department of Education's view of a 21st Century Learning Hub.



Students have been invited to become Word Warriors, and share their love of reading and current fiction with their schoolmates. The Word Warriors will use their imaginative skills to create engaging book displays that encourage others to delve into a genre or author. They will be involved in maintaining the space and in return they will have access to a Word Warriors chill space and gain valuable School Service merits, as well as the undying gratitude of the Book Chook.



*An example of an innovative school library*

There are exciting plans afoot to change the appearance of the Library too, opening it up so that teachers are better able to modify the furniture fluidly to suit their class requirements. Along with that comes the need to ensure that our wonderful school can teach its students the technological skills that will enable them to function effectively in the employment fields of tomorrow.



We are working towards creating a space where all are welcome. We encourage community members who wish to come and share stories or knowledge with our students so that all of our students will feel a part of the library we are designing.

None of this will happen overnight, but it will happen - watch this space for regular updates.

***Ms N Booth***  
***Librarian***

## **Year 12 news**

It's not long now until the Year 12's time at Nyngan High will come to end, use your time wisely as it is going to be a busy term. Below is a list of key dates to keep an eye out for.

The Year 12's have chosen St Vinnies as the charity they would like to donate to this year. They are asking for donations of pre-loved clothes to give to St Vinnies to help out people in need from our local community.

I am keenly awaiting the return of;

- ◆ Reference forms from students so that I can begin to write their school references. They were due WEEK 1, so I would like them completed ASAP.
- ◆ A list of the 6 guests that they intend to invite to their formal.
- ◆ Photos for the end of year slide show. Students need 6 photos of their younger selves to be included in the slide show.

I am also seeking the donation of white/clear fairy lights for use at the Year 12 Formal (so we don't have to purchase them out of our fundraising money). If you can assist please contact Elvina Hughan on 68321004 or drop them off to the school clearly labelled with your name, and I will see their safe return to you.

### **YEAR 12 KEY DATES**

**15.8.2016-26.8.2016 TRIAL EXAMS**

**For practical marking due dates please visit:**

[http://www.boardofstudies.nsw.edu.au/key\\_dates/pdf\\_doc/hsc-practical-performance-dates-2016.pdf](http://www.boardofstudies.nsw.edu.au/key_dates/pdf_doc/hsc-practical-performance-dates-2016.pdf)

**1.8.2016 SOCIETY AND CULTURE PERSONAL INTEREST PROJECTS DUE**

**11.8.2016 INDUSTRIAL TECHNOLOGY- TIMBER PROJECTS DUE**

**17.8.2016 DANCE PRACTICAL**

**22.8.2016 DRAMA PROJECTS DUE**

**29.8.2016 VISUAL ARTS BODY OF WORKS**

**31.8.2016 DRAMA PERFORMANCES**

**13.9.2016 PRIMARY SCHOOL VISITS PERIOD 2 AND RECESS**

**15.9.2016 YEAR 12 FORMAL DINNER**

**22.9.2016 BREAKY AT THE BUCHANAN'S AND BOWLS AFTERNOON**

**23.9.2016 YEAR 12 FORMAL ASSEMBLY**

**13.10.2016 HSC written exams begin exam. For a copy of the timetable please visit:**

[http://www.boardofstudies.nsw.edu.au/key\\_dates/pdf\\_doc/hsc\\_timetable\\_2016\\_web.pdf](http://www.boardofstudies.nsw.edu.au/key_dates/pdf_doc/hsc_timetable_2016_web.pdf)

**15.12.2016 HSC RESULTS RELEASED**

*Miss E Hughan*

*Year 12 Advisor*

### **Positive Education News**

Young people today are experiencing much greater mental health issues than previous generations.

1 in 16 children are depressed

1 in 6 are experiencing an anxiety problem

1 in 4 are struggling with a mental health condition

Suicide is the biggest cause of death of young people

Over the last 5 years the rate of girls committing suicide has doubled.

Last year in Australia 334 boys between 15 and 24 took their own lives - that's more than one a week.

Suicide has become an epidemic.

Only 1 out of 4 adolescents get help

These scary statistics are the reason we are implementing Positive Education across our whole school and this term's focus is Positive emotions. Positive emotions balance out negative ones, but they have other powerful benefits, too. Instead of narrowing our focus like negative emotions do, positive emotions affect our brains in ways that increase our awareness, attention, and memory. They help us take in more information, hold several ideas in mind at once, and understand how different ideas relate to each other. When positive emotions open us up to new possibilities, we are more able to learn and build on our skills. That leads to doing better on tasks and tests. People who have plenty of positive emotions in their everyday lives tend to be happier, healthier, learn better, and get along well with others. When have you last experienced one of these emotions? Which ones can you tick off that you experience everyday. Look through the list and set some goals about how you will achieve these emotions throughout the coming week.

#### **Types of Positive Emotions**

1. Amused, fun-loving, or silly
2. Awe, wonder, or amazement
3. Grateful, appreciative, or thankful
4. Hopeful, optimistic, or encouraged
5. Inspired, uplifted, or elevated.
6. Interested, alert, or curious.
7. Joyful, glad, or happy.
8. Love, closeness, or trust.
9. Proud, confident, or self-assured.
10. Serene, content, or peaceful.

***Angie Bush***

***Positive Education Team Leader***

### **English/HSIE News**

On behalf of the English Faculty we would like to congratulate Ms Booth on her new position as the librarian. She will remain a key member of our faculty but will oversee the running of the library from there. We wish her all the best in her new endeavour and look forward to her fun and quirky plans.

With these new changes we welcome Miss Heather McVey to the English Faculty. Miss McVey will be teaching Ms Booth's classes until the end of the year. We look forward to working with her innovative and organised ideas. Mrs Katie Mudford from Hermidale has also joined us for the term to complete an English teaching prac.

These exciting new changes have us revved up and ready to take on the challenge of Term 3.

***Angie Bush***

***HT English/HSIE/LOTE***

## **SRC Report**

It's a busy term ahead for our aspiring young SRC leaders with many new projects commencing. We will be involved in helping teachers run the regular Year Group meetings with a teambuilding activity to start the sessions with. We're also kick-starting the 'Kindness' Box' again by taking time out in a few DEAR lessons to allow students to write kind words about their peers/teachers to be read out to the whole school at Monday morning assemblies. It's important to appreciate and acknowledge those who support and inspire you.

A challenging and fun day will be the 'Mobile Phone Free' Day on Friday 5<sup>th</sup> Aug. All staff and students will be encouraged to hand in their mobile phones at rollcall and SURVIVE without it for the whole day. If you hear kids screaming at recess and lunch it'll just be a symptom of withdrawal and a good opportunity to connect with others in the old fashioned way of speaking face-to-face. All who hand in their phone will get a raffle ticket and have a chance to win a \$40 sport voucher, a new footy and a new netball to continue being active outside of school. On that day, if you need to contact your child, the front office would be only too happy to pass on a message. Should be a fun experience!!!

The school disco has been postponed till Thursday 1<sup>st</sup> Sep. This is in week 7 when the Year 12s have completed their HSC trials, the Year 11s have returned from their Crossroads excursion and all can let their hair down for a night. It's a FREE event to encourage all to attend. We will have lucky door prizes, activities and a canteen available on the night. The school disco policy has been adjusted this year which now means that students will be supervised from 6-8pm. Outside of these times they will come under the parent/carer's responsibility. This means that after the event students are back in your care and suitable transport arrangements should be organised (ie picked up or walk home). We're also looking at raising funds for a worthwhile charity (to be confirmed) so keep an ear out and support us in this adventure. Congratulations to the SRC members who give up their recess and lunches to make a positive contribution to the school.

***Mr M Walsh***  
***SRC Coordinator***

## **Science News**

### **Light Up the Outback – Bright Lights for Bright Minds**

On Thursday 4<sup>th</sup> August a team of scientists will be visiting Nyngan High School presenting a hands on workshop for Stage 5 students. The presentation will include a 20 – 30 minute introduction to the physics of lasers and communication followed by exciting experiments.

This is a free presentation by young researchers from CUDOS in conjunction with SPIE, OSA and Macquarie University, to give students the opportunity to:

- ◆ Hear about basic optics and current research directions, supplementing the existing syllabus
- ◆ Experiment with hands on optical demonstrations
- ◆ Interact with PhD students – understand what life as a uni student is like and talk about career options in science.

At Nyngan High School, we covered the optics and communication sections of the syllabus at the beginning of 2015, therefore Year 10 students will recall the concepts covered, and Year 9 students will get a preview of what we will be doing at the beginning of next year.

*Can you work out the meaning of the acronyms used???*

***Leonie Montgomery***  
***Head Teacher Science***

## **Hearing Assessments**

Marathon Health will be visiting NHS on Tuesday 9th August to carry out any hearing assessments that parents request. If you wish for your child to access this **FREE** service please fill in a Consent Form (available from NHS front office) prior to this day. For enquiries contact Anne Lupton.



## **TAS/PDHPE Report**

As always it is go, go, go in our part of the school. I am very pleased to be going to Ronny Gibbs in Bourke on the 17th August. It is a long day but very rewarding to watch our students participate and display their excellent sportsmanship and skills. Congratulations to Mia Taylor who represented Nyngan High School at the State Cross Country at Eastern Creek last Friday 22<sup>nd</sup> July. This is a great achievement.

In my role as Careers Advisor, this term I will be assisting Year 12 applying for university and looking at their options post school. Next week Year 10 will be given the appropriate paperwork to start organising their work experience.

A big thank you to Katie White for her overwhelming assistance in the organisation of the Careers Expo. Her support has been valuable and I look forward to it being a great success. This week sees Miss Field and her students cater for the Christmas in July event. This has become an annual event and one that we enjoy as we are giving back to the community.

Mr Dal Forno is busy this week attending the Regional Athletics in Dubbo on Friday and we look forward to hearing the great results. Miss Stafford is busy preparing for her practical HSC exam while Mr Charters and his Industrial Technology students are counting down the days until the major works are due in. Mrs Smith as usual is with us on a Wednesday and her input in to the faculty is valuable. As always it is great to have Mrs Carter pop in and join us and assist our students with their learning.

The school farm is coping very well with the excess rain we are currently experiencing but I would not dare complain. I must commend my excellent and understanding agriculture students as the wet weather has limited our practical component of the course. I am confident when the weather fines up we will be on track.

***Mrs N Walsh***

***TAS/PDHPE/Careers***

***Bryce hard at work in the Industrial Arts Room***

