



NYNGAN HIGH SCHOOL

INNOVATION, EXCELLENCE, OPPORTUNITIES & SUCCESS

THURSDAY 2ND JUNE, 2016

TERM 2 WEEK 6

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DATE/EVENTS

UP COMING DATES

Homework Centre Mondays
3.30pm to 5.00pm Weeks A & B
and Thursdays Week A ONLY

Senior Study Evening 7.00pm to
9.00pm Wednesdays

Monday 23rd May - Com-
mencement of Stage 4 & Stage 5
Exams

Thursday 2nd & Friday 3rd June
- HSC Seminars Dubbo

Monday 6th June - Nyngan
High School Fun Run

Friday 10th June - Middle
School

Tuesday 14th - Friday 17th June
- CHS Lawn Bowls State Finals
Blacktown

Thursday 16th & Friday 17th
June - RSA & RSG Nyngan
High School

NYNGAN HIGH SCHOOL



Nyngan High School

Athletics Carnival

Group Shots



Principals Report

Welcome back after the Mid-term break. I hope everyone had an enjoyable long weekend and an opportunity to 'recharge the batteries'. As I have highlighted previously, our Mid-term break structure is being reviewed annually by the Department of Education and our school community must provide evidence that there is a direct benefit for students, families and staff. We need to provide evidence that families and staff are accessing medical specialists and community support facilities not available to families during normal weekends. In the coming months we will be surveying families and requesting supporting evidence for our 2017 Mid-Term break application.

In the coming weeks our school will be its normal busy self, however, at this stage of the year there is a focus on student testing and reporting. Our teachers are busy compiling assessment information, marking student tasks and preparing feedback for parents in the Half-Yearly reports. These reports are our formal means of providing feedback to parents and they will arrive home with your child in the next fortnight for Year 11 students and then in the last two weeks of the term for Years 7-10 students. Parents are invited to seek clarification from teachers if required and phone at a convenient time for our staff or schedule an interview.

Athletics Carnival

Our Athletics Carnival was held on Monday 16th May under beautiful conditions at Larkin Oval. Mr Tristan Dal Forno led the excellent organisation of the day, with around 75% of the student body there and participating enthusiastically. Congratulations to all of the Age Champions and to the great number of students who have qualified for the Regional Athletics Carnival. I hope you enjoy the feature article in this newsletter.

HSC Seminars

For the last two days of this week we have seventeen Year 12 students travelling to Dubbo, to take part in extension and study seminars for their HSC courses. This is a wonderful opportunity for our students to be tutored by expert teachers in their courses, to improve knowledge, skills and exam preparation. These expert teachers have exposure to HSC marking practices, HSC examination writing and have often written textbooks or developed study guides for the relevant courses.

This is also a wonderful opportunity for our students to work in focus groups with other students, to discuss methods for answering examination questions, performance criteria for the creative courses and techniques for improved study habits. The students will travel with Mr White and Ms Scott for the two days and I will visit them Thursday night to check on their progress.

8.03 Club

One of the excellent features of our school is the 8.03 Club (or breakfast club), which is run by Mr Richard Milligan. It is open every morning from 8.03am, coincidentally, offering our students an opportunity to hang out, have a chat or some breakfast. Often the intentions of this program are misunderstood and it is seen as a negative thing to attend. It is actually open to all students who may wish to get something to eat but it also offers an opportunity to come together and chat with their friends, learn how to play an instrument at times or to touch base with Richard, who mentors many of our students. Please come along and join the conversations.

One of the great features of Nyngan High is students showing pride in their achievements and the contributions they make at school. Each day our Australian and Aboriginal flags are now raised and lowered by students from our Support classes, with the assistance of our wonderful School Learning Support staff.

Pictured is Bryce and Luke Matheson demonstrating the pride and respect we show for our nation's flags.



Resilience

The key focus of our Positive Education program this term has been resilience. Our wonderful DEAR teachers, Year Advisers and Mrs Angie Bush have been helping students understand the concept of resilience and its importance to our everyday lives.

As parents we often give advice to our kids or ensure they understand boundaries. We must always also continue to make sure our kids understand how to bounce back from failure or adversity, a key skill for lifelong achievement and success. Making sure we encourage our kids to never give up or to have another go at something is the easiest way. A kind word and showing them how they have been successful or a great kid in the past also helps.

This fortnight let your kids know that no matter how fragile a flower may seem, it can grow back.



“Flowers grow back, even
After they are stepped on.

So will I.”

Michael Gibson
Principal

P&C News

Hi everyone

Thanks to the following people who helped on the Footy Gate on Sunday: Janelle Jeffery, Amy Beetson, Jodi and Tegan Douglas, Dee Stephens and Sarah Kennedy. Your help with this is really appreciated and if everyone helps out then the same people don't have to do it all the time.

Our next gate is on the 19th June, 2016 so if you are able to help please text me on 0428 739 426.

Congratulations to the students who were selected to go to Tongling. The P&C now take a step back in our fundraising efforts to allow the Tongling delegates to fundraise. Please get behind them and support them in their efforts. Our next meeting is on Monday 20th June, 2016 at 5.45pm. You are welcome to come and check it out if you haven't been before or even if you have we are always happy to see you.

Thanks for listening

Stephanie Waterhouse
Nyngan High School P&C Association
President

CAR FOR SALE

Nyngan High School is selling its car and invites offers for purchase from members of the Nyngan community and local business. Under Department of Education policy, the sale of this item will be made to the highest offer/ bidder following a submission period. This period will be open from Thursday 2nd June – Thursday 28th June 2016.

Offers are to be submitted in person at the school and placed into a locked box with school reception staff. The successful bidder will be contacted on Friday 1st July.

FOR SALE: Price Guide \$15,000 - \$17,500

2010 Santa Fe SLX

136,000km

Rego 27/8/2016

2.2L Diesel

All-Wheel Drive, Automatic

7 Seats

Immaculate Interior

USB, Aux ports

12 volt ports front and rear

Log book and service history



For inspections and enquiries, please contact Michael Gibson on 6832 1004.

Deputy Principal's Newsletter Report

Good Guys Week

This week teachers are rewarding students for being a "Good Guy". Certificates are given out by teachers to students who were being safe, showing respect, displaying integrity or doing their best; that is they are displaying our core values. A Good Guy falls within the category of Improvement/encouragement in our merit system. Students received the certificate of merit, a point towards the merit system levels and a chocolate from me.

Drama and Drumming

Year 8 will be participating in a workshop on Friday 3rd June. The workshop is free and a catered lunch is included. This workshop follows on from the Dance... Drama... Drum workshop that is being held on Thursday 2nd June evening at 6pm in the St Joseph's Hall.

Do Your Best

We have a number of students who will be displaying this core value as they challenge themselves whilst representing Nyngan High School. We have Tamika Ryan, Terrance Ryan and Timothy Walsh attending the CHS Lawn Bowls State Finals in Sydney, William Gudgeon attending the Western CHS Tennis in Orange and Naite Holmes, Lilly Meldrum, William Gudgeon and Chloe Vernon arguing it out in a NAIDOC debate. We wish them all the best in their respective competitions.

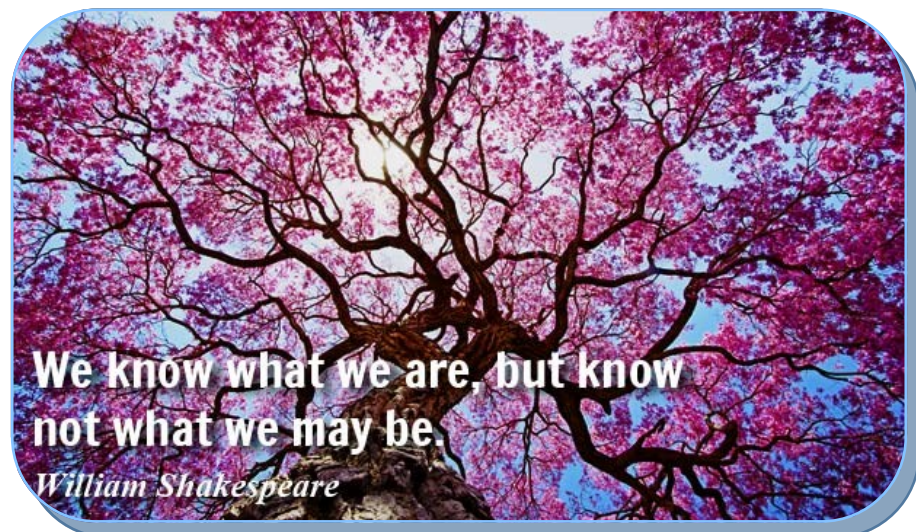
Congratulations also to our students who are challenging themselves every day in the classroom.

I hope you enjoyed the mid-term break and have returned refreshed and ready to focus on work and learning.

Kind regards,

Melanie Murray

Deputy Principal



TAS Report

A warm welcome to Mr Ian Corby who is filling in for Mr Carters for the next few weeks. Mr Corby is a very experienced and skilled teacher and we are very fortunate to have him with us.

Yesterday I was in Sydney for a Regional Trade Centre forum. I look forward to discussing this with you in the next newsletter.

Last week in a Careers lessons Year 12 students completed a UNE Careers finder activity. This is a positive interaction process and assists the students find out more about themselves.

Congratulations to Miss Field and helpers for catering for the Bogan Shire councillors lunch. Mr Dal Forno is currently busy organising the Regional Athletics Representatives to travel to Dubbo in July.

Miss Stafford has been doing an excellent job relieving as Head Teacher for Mrs Walsh. Her enthusiasm and support is both recognised and appreciated.

N Walsh

Head Teacher TAS/PDHPE/Careers

REMINDERS:

Student Details Update Sheet - earlier in the term each student at Nyngan High School was given a Student Update Sheet to be filled in and returned to the Front Office. Thank you to those who have returned them - **BUT** we still have some not yet handed in. If you have them at home could we please ask that they are returned to the office as soon as possible to allow us to input the information into the student records. If you have misplaced it please contact the office to have another one sent home. Thank you for your support.

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CANTEEN SPECIAL
Steak and Onion Sandwich
\$7.00

Positive Education News

Last week Anne Lupton and myself headed to Dubbo to participate in a MindMatters conference. MindMatters was set up due to the rising mental issues of young Australians today. The mental health of students affects all aspects of the school community – from student engagement and academic achievement, to social adjustment and staff morale. Schools that promote a positive environment perform better, attract and retain more students and build a strong reputation in the community. The mental health of all students is a key foundation for school success and Nyngan High School is committed to improving this aspect of student's life as without it, learning is nearly impossible.

MindMatters is a mental health initiative for secondary schools that aims to improve the mental health and wellbeing of young people. MindMatters provides school staff with blended professional learning that includes online resources, face-to-face events, webinars and support. All content has been informed by strong evidence in the area of school mental health and wellbeing. The use of MindMatters' comprehensive resources has mental health benefits for the entire school community – including students, families and school staff. MindMatters is based on the principle that the best mental health strategy is one that prevents issues from arising in the first place. For this reason MindMatters helps schools promote positive mental health through the whole school community, and aims to prevent mental health difficulties in students by taking steps to improve relationships and resilience. MindMatters provides staff with practical advice and guidance so that they can support students who may be struggling with mental health difficulties in a timely and appropriate way. **Promotion, prevention and early intervention** are central tenets of the MindMatters' approach.

Over the next few weeks, the Positive Education team will be setting goals around this framework to start implementing the modules into our current program. One of our main focuses will be to ensure that students can build resilience by first knowing where to go for help.

If you would like any other further information, please don't hesitate to contact us or visit the website at <http://www.mindmatters.edu.au/>

Do you know where to go for help?

Angie Bush

Positive Education Team Leader



English/HSIE News

The English/HSIE classrooms have been abuzz this term with students working on various projects from Shakespeare to the Industrial Revolution; Tomorrow When the War Began to coral reefs and everything in between.

Geography classes have been addressing issues of sustainability and recently Mr Miles and five students went to Western Plains Zoo to participate in a workshop as part of the GoMAD Environmental Challenge. The challenge is run by the Office of Environment and Heritage and Taronga Zoo, and focuses on raising issues of sustainability and preservation in schools — issues that greatly affect us as a wider society.

The students learnt about tagging feral water buffaloes in the Top End, treating facial tumours on Tasmania Devils and how the zoo has reduced its carbon footprint by 75% in recent years just by putting in place little measures like timers on lights.

Rahni, Abbey, Ella Tobey and Laine were chosen to participate by their geography teachers, who saw in each of them an interest in environmental matters; a social intelligence that recognises what we can do on a local level can affect the world as a whole. They have been charged with designing and creating a school based environmental project that will deal with the school's waste management process, ways to avoid our waste ending up in landfill at the Nyngan Tip. The students will be researching, applying for grants, assigning roles and implementing a project that will require leadership, critical and creative thinking skills and an understanding of our responsibilities as citizens in our beautiful society.

The English faculty and school as a whole eagerly look forward to seeing what the students come up with...

Mr T Miles
English Faculty

Year 7/8 Netball Cup

On Tuesday 17th May, 2016 Mrs Walsh and Miss Bird had the pleasure of taking two Year 7/8 Netball teams away to Dubbo to compete in the Netball Cup. The girls played in a gala day and with many other schools also competing including Dubbo, Dundee and Cobar.

Throughout the day the girls worked very well together as a team and gave 100% effort. I am very proud of the fantastic sportsmanship from the girls. A big thank you to Lucy and Petria for umpiring the games. I would also like to extend my thanks to Bobbi Hutchison and Monique Wye for driving to Dubbo with students. On morning assembly last week the girls were presented with drink bottles from NSW Netball and a certificate for participating.

Our junior netballers were: Ebony, Reagan, Jaynie, Millie, Bailee, Dakota, Mia, Jade, Lilly, Caroline, Saranna, Katie, Lily and Nikkita.

N Walsh
Year 7/8 Netball Coordinator



Athletics Carnival

The Nyngan High School Athletics Carnival has been run with all events completed for 2016. Two weeks ago on Monday the 6th May, the Annual Athletics Carnival was held with the High Jump and 1500 metres being run after the carnival.

The main day was a great success with a high level of participation from the students, outstanding sportsmanship and positive encouragement by all. There were also many bright colours and great behaviour from students making for a sensational day; one which the students are to be congratulated on.

Post carnival saw the High Jump run in the school gym and the 1500 metres run at the oval. Those who signed up and participated earned their houses some very valuable points.

After the results were compiled, the House Champions and Age Champions could be decided upon, and it is with great pleasure to announce the following results:

House Champions

Canonbar – 1234 points

Mitchell – 1043 points

Bogan – 907 points

Age Champions

12 – Tyson Stapleton and Mia Taylor

13 – Stirling Carter and Jade Wye

14 – Bill Quarmby and Emma Teale

15 – Harry Blake and Ella Meldrum

16 – Jacob Shone and Alahna Ryan

17+ - Nick Andrews and Emerson Alderson

Congratulation to Canonbar House and to the 2016 Nyngan High School Athletics Age Champions. These students will be formally recognised at the formal assembly to be held on Thursday 30th June, 2016.

So talented and skilled are our students, there were 32 who were successful in qualifying for the Regional Athletics Carnival. This is a huge achievement given the size of our school and is a credit to the students who give their best each and every time. These students are: Dakota Williams Hedges, Lily Smith, Alma Lord, Mia Taylor, Ebony Martin, Rachel Fitzalan, Kailee Jackson, Carol Lord, Ella Meldrum, Jade Wye, Emma Teale, Nalani Chatfield, Alahna Ryan, Chloe Vernon, Dean Fitzalan, Russell Thompson, Maddie Harley, Stirling Carter, Cooper Ryan, Petria Quarmby, William Gudgeon, Robert Robb, Roy Herbert, Cody Yeomans, Melanie Fitzalan, Malik Chatfield, Bob Palmer, Peita Quinton, Bill Quarmby, Stanley Lord, Jacob Shone and Harry Blake.

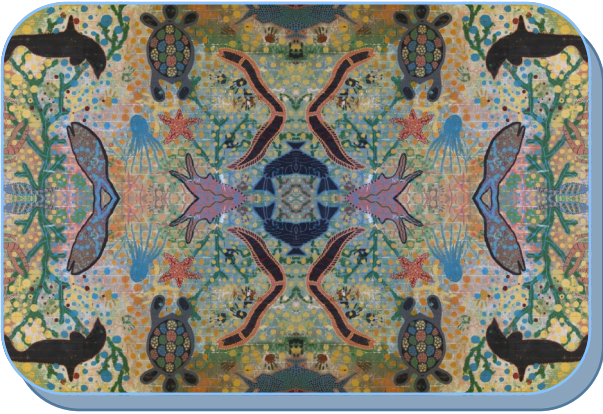
Congratulations again to all students who participated and made it such a great event and to those students who were Age Champions and Regional Qualifiers.

T Dal Forno

PDHPE/Sports Coordinator

Visual Arts

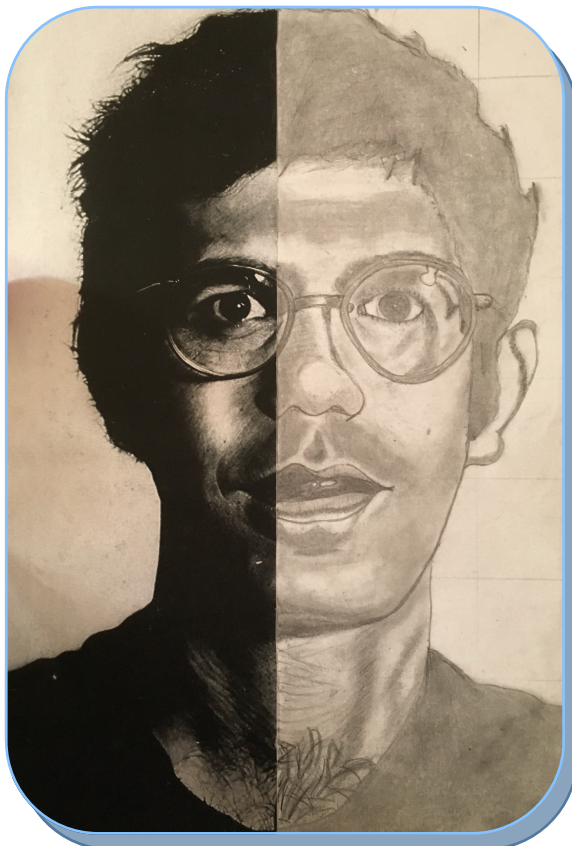
The Stage 5 Photography class have been working on mirror image photographs created in Adobe Photoshop. They have had some very successful results.



Images from Abbey, Rueben and Leah



Stage 4 Visual Arts classes have been studying the artist “Chuck Close” and learning about grid drawing and using tone to create realism. Below is an example from Cameron.



Year 12 News

Earlier this term the two School Captains, Ellie and Emerson, along with Miss Hugan were invited to meet with His Excellency General The Honourable David Hurley AC DSC 9Ret'd), Governor of New South Wales at the Government House.

It was a great trip in which we learnt a lot including the three roles of the Governor; ceremonial, constitutional and community. Prior to meeting the Governor we attended Parliament House where our local member for Barwon, Kevin Humphries, addressed the students about leadership and issues surrounding youth. We also witnessed a protest outside Parliament House and later viewed the politicians attempting to pass a bill relating to the protest in the Upper House of Parliament.

I am looking to borrow clear Christmas lights to use as decorations at the Year 12 Formal. If you have any that you would be willing to lend us, could you drop them at school clearly labelled so I can insure their safe return after the formal. Thank you in advance.

The Trial HSC is fast approaching. It is approximately 10 weeks until the students sit these exams. Now is the time to start preparing, organise a quiet place to study, make a study timetable, revise class work regularly, complete past papers and ask for help from staff.

E Hugan
Visual Arts Teacher
Year 12 Year Advisor

Images from the School Captains visit to meet with His Excellency The Honourable David Hurley Governor of New South Wales at Government House



School Captains meet with the Member for Barwon, Mr Kevin Humphries at Parliament House

Science News

Stage 5 Independent Research Projects

The Stage 5 projects this year have covered a very diverse range of topics. Below are a few examples. Discover more in future newsletters:

- ◆ If you are interested in how the pressure in a ball affects its rebound height – Ask Brynn Hoare
- ◆ Liam Wherrit can tell you if the ball pressure affects the distance you can kick a ball
- ◆ For information on the effect of temperature on the vibration frequency of a tuning fork, Gemma Smith, Chloe Vernon and Hannah Monaghan
- ◆ Lucy Buchanan is the person to ask about the effect of sunlight on plant growth rate
- ◆ Jacob Shone shed some light on the age of problem of whether you should buy your second-hand car from the coast or if the salt will cause increased rust
- ◆ You have all heard about the bending chicken bones. Rachel Fitzalan and Brittany Robb have got the dirt on the best liquid to cause this to happen
- ◆ Toilet paper is an issue close to everyone's heart. Petria Quarmby completed a Choice magazine style review scientifically testing 3 different aspect of toilet paper
- ◆ For an answer to the age old question as to whether dogs are colour blind, see Bridgette Lane
- ◆ If you are thinking of buying a football, Jak Jeffrey and Harry Blake can give you valuable information about a scientific comparison they have done

Those students who completed all components of the criteria, did so to an excellent standard. Well done.

Students have been given feedback and are encouraged to present their projects again after editing. Students are encouraged to take every opportunity to showcase their skills and improve their results.

Leonie Montgomery

Head Teacher Science/Special Ed.



Newsletter 1.6.16

Year 12 Mathematics and General Mathematics have been given their assessment notifications for **Week 8**. This will be their last assessment task before the Trial Higher School Certificate in **Term 3 Week 5**. Year 12 Music only have the Trial to go and Visual Arts also has one more task before the Trials.

Year 11 have 'survived' the Half Yearly Examinations and have been given valuable feedback on how they can improve future results.

Year 10, Stage 5 Achievement and all of Stage 4 have completed their examinations and Year 9 is next **Monday 6th June**. Please ask your child to have a look at their exams once they have been returned to see what your child's strengths are in Mathematics.

'How old are they?' is the problem this week. Once you have worked out how old everyone is, come and show us in the Maths/CAPA staffroom.

There are 4 people in Sam's family. The sum of their ages is 73. Sam's father is 3 years older than his mother. Sam's sister is 2 years younger than him. But 4 years ago the sum of the ages of everyone in Sam's family was 58.

How old is each of them now?

Sam's father is ... ?

Sam's mother is ... ?

Sam is ... ?

Sam's sister is ... ?



Tanya Buchanan
Head Teacher Maths/CAPA







