



NYNGAN HIGH SCHOOL

INNOVATION, EXCELLENCE, OPPORTUNITIES & SUCCESS

THURSDAY 3RD NOVEMBER, 2016

TERM 4 WEEK 4

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DATE/EVENTS

UP COMING DATES

Homework Centre Mondays
3.30pm to 5.00pm Weeks A & B
and Thursdays Week A ONLY

Senior Study Evening 7.00pm to
9.00pm Wednesdays

Monday 31st October - Stage 4
Exams commence

Friday 4th November - Mick
Glennie visits

Monday 7th November - Stage 4
& Stage 5 Exams commence

Friday 11th November & Mon-
day 14th November - **MID
TERM BREAK**

Tuesday 15th & Wednesday 16th
November - CSU visit Bathurst

Monday 21st November - Year
10 Work Experience commences

NYNGAN HIGH SCHOOL



Tongling Delegation 2016

Wearing their Formal Attire
Foyer of the Crown Plaza in Beijing

Principals Report

Dear School Community,

I would like to sincerely thank Mrs Murray for her great work as Relieving Principal, and similarly Mrs Bush who was Relieving Deputy Principal, whilst I was on exchange with our students in China during the past fortnight. Mrs Murray and Mrs Bush led our school with confidence and ensured our site ran smoothly for our school community. The sign of a great team is where everyone knows their own job but can also take on challenges and perform strongly in a different role.

As we approach the middle of our last term for 2016, everyone at Nyngan High is entering a very busy time.

Stage 4 & 5 Exams

All junior school students will be completing their Yearly exams and assessments during this fortnight. This is a great opportunity for all students to continue striving for great results in their courses and impressing the teachers before student reports are written.

For Year 10 students particularly, this is the chance to cement the results they desire for their Record of School Achievement (RoSA) and prepare themselves for the rigours of Year 11.

Staffing Update

The end of another magnificent teaching career is upon us. Mrs Leonie Montgomery has made the decision to retire from a permanent teaching role at the end of 2016. This is a slightly sad but momentous occasion for Nyngan High School, as Mrs Montgomery moves into a much deserved new phase of life.

Mrs Mont, as she is affectionately known in our school and community, has taught a full generation of students in the Nyngan community and no doubt had a positive influence on many young people throughout her successful teaching career. She takes with her a wealth of school knowledge and experience which we will struggle to replace. Fittingly though, Mrs Montgomery will have the opportunity to help us select a new Head Teacher for the Science faculty and also return in a casual capacity next year to help guide our staff in administrative and teaching processes.

A retirement dinner is planned for Saturday the 26th November and if you would like to attend, please contact Mrs Noelene Walsh at school on 6832 1004.

Course fees for 2016

A final note for any family who may have outstanding course fees, for their children. As a school we have some heavy financial investments to ensure all students are provided with resources for their learning in all courses.

For students undertaking Elective courses, beyond the mandatory curriculum, those course fees are essential to cover our running costs. In the coming week I will be writing to families of students with outstanding course fees requesting payment or an arrangement be made with the school.

Tongling Exchange 2016

The trip of a lifetime for our delegation has finally happened! Ms Scott and I had the great pleasure of accompanying our students for the trip and we could not be prouder of how well they represented the school and the Nyngan community.

The trip could not have been possible without the immense support of our community and some amazing business partners. The delegation and their families will be holding a celebration dinner in the coming weeks to thank all of the sponsors individually and showcase our trip.

In the next newsletter our student delegates will present a major article recounting the exchange with some individual stories and pictures which tell the tale. Some major highlights for all of us was visiting the schools and taking part in lessons with our hosts, swapping cultural stories and gifts, walking the Great Wall of China and doing 300km per hour on a bullet train!

I would like to congratulate all of our students and Ms Scott on being amazing ambassadors and for being terrific travellers. I have put some photos in highlighting the trip.

And so, the beginning of our journey! - photograph from Dubbo Airport



Saying goodbye to family before we left Dubbo



Our hosts performing some traditional music.



Your standard 10 course dinner

Walking the Great Wall of China



A Chinese writing lesson for Joel and Ella

Visiting the new Tongling No1 School



Deputy Principal's Report

Core Value: "Do your best"

Stage 4 students have their exams this week and next week and **Stage 5** students have examinations next week and the week after mid-term break so students should be busy preparing for these. Students could be reading over their notes, making summaries, drawing mind maps, redoing classwork, doing revision sheets or using Mathletics for Mathematics. I expect the Homework Centre to be packed this week and next week as students access teachers help.

A reminder the exam timetables are on our website.

Challenge yourself to do some exam preparation every night and "*Do Your Best* " in your exams.

Western Secondary Principals Council Meeting

Last Thursday and Friday I attended the Western Secondary Principals Council meeting at Coonabarabran High School. The President of the Council updated attendees on current matters. We also heard from staff at Lincoln School. This is the school based in the Orana Juvenile Justice Centre at Dubbo. It was interesting to hear how they help their students whilst in the centre and the support they can provide when transitioning a student back to their local high school. Hopefully we won't have any of our students accessing this school! There was also a presentation from Marty Paice who is one of our Police Liaison Officers. Wellington High School spoke about what they are doing to increase their attendance rates and decrease their suspension rates. Our School Education Director, Maree Angus also gave a presentation about selection panels. The meeting was very worthwhile and reaffirmed what a great school we have here at Nyngan High School.

HSC

The HSC examinations finish on Friday 4th November and students will receive their results by email and text message on Thursday 15th December from 6.00am. They can access their results on this day by logging into their *Students Online* account.

Western Studios of Performing Arts Matinee

Many of our students will be attending this matinee on Thursday 17th November. Students must be in school uniform to attend this performance. Socks must be white (with no logos) and black leather school shoes must be worn. Some parents may wish to purchase white socks and shoes from our local businesses over the Mid Term Break.

I would like to thank Mrs Ange Bush who was relieving Deputy Principal whilst I was relieving Principal during Weeks 2 and 3. Mrs Bush did a fabulous job.

Have a relaxing Mid Term Break.

Mrs Melanie Murray
Deputy Principal

Maths Newsletter

Stage 4 have commenced their examinations this week. Stage 4 Enrichment and Achievement have already completed their exams, as have 7MU1. **Opportunity** will have their examination on Tuesday **8th November** and **Year 8 Music** and 7MU2 will have theirs on Thursday **10th November**.

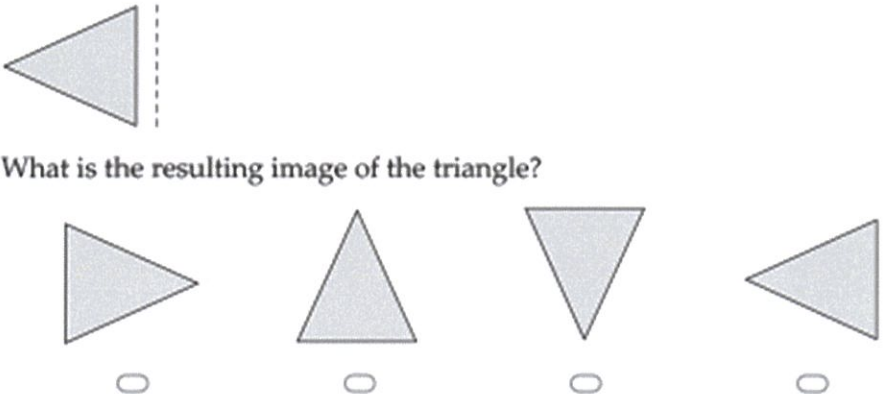
Stage 5 examinations start with **Dance** and **09MAE** on Monday **7th November**, **10MAE** on Tuesday **8th November** and **05MU** and **05MAA** on Thursday **10th November**.

To study for these exams students are encouraged to read through their notes and make summaries in Music and Dance, and Mathematics students are to keep doing many questions over and over, and utilise Mathletics.

Our HSC Dance and Visual Arts students have completed their exams and we congratulate them on the diligence and determination they have displayed. Thank you to Miss Stafford and Miss Hugan for the hard work they have done preparing our students for the HSC exams.

On Friday's during DEAR, Stage 4 have been working on this year's NAPLAN questions. We have identified the questions our current Year 9 had the most difficulty with. The questions will be printed in the newsletter so everyone is aware of the style and wording of questions. This question was in the non-calculator section:

16 This triangle is reflected across the dotted line and then rotated 90° clockwise.



What is the resulting image of the triangle?

☐ ☐ ☐ ☐

The answer is the 3rd bubble.

Congratulations to Mr Miles who solved last week's algorithm. The answer was A stands for 5, B stands for 4 and C stands for 9. I really think Mr Miles may come back in his next life as a maths teacher!

This week's problem is:

A painter starts painting the outside of a ship that is loading in a harbour.

She hangs a rope ladder on the side of the ship and stands on the third rung up from the bottom to do her painting.

The rungs are 30cm apart from each other and the bottom rung is touching the water now.

The tide has started to come in and the water level rises 15cm every hour.

How many hours will it take for the water to reach the third rung?

Tanya Buchanan
Maths/CAPA Head Teacher

Cricket Report V Gilgandra

Last Friday the Nyngan High School Open Boys Cricket team travelled to Gilgandra to play in the second round of the coveted CHS Alan Davidson Shield. Unsure what to expect, the young side were eager to get a win and potentially sample some of the culinary delights Gil had to offer.

Skipper Harry Blake lost the toss, but was sent into bat on what looked like a decent track. Openers Tim Walsh and Cale Dunn started fantastically, knocking around ones and twos, blunting the Gil opening attack. When Dunny was run out for 10 in the 20th over, the score was on 31. There may have been some concern about the rate of scoring if it hadn't been for the number of batsmen still in the sheds. Wickets in hand turned out to be the key; free-flowing players like the Ryan boys could come out under no pressure. Walsh ended up with a mature 21, but it was Terrance Ryan whose ability to put the bad balls to the fence helped Nyngan up to 109 off their allotted 40 overs. It would be a good score, provided the young team showed discipline in the field and with the ball.

And that they did. From the outset, bowling straight and full, Nyngan applied pressure. Fielders were energetic and vocal and wickets tumbled from the 4th over. Mostly Year 11 students, Gilgandra had no answers to the questions posed by their young opponents. Only one batsman managed to get to double figures, as catches were held and stumps cartwheeled. Cooper Ryan bowled tight for just three runs from five overs and Cale Dunn bowled a good length for small reward. Terrance switched from pace to his leg breaks, showing control beyond his years. A particular highlight was his bowling a googly to one bamboozled Gil batsman that came back a foot. Tim Walsh chipped in with three lower order wickets and Gil were all out for 47.

It was a comprehensive win for Nyngan who were without their co-captains Shone and Jeffery, who return for our clash at home with Willyama next Thursday. Come down to Frank Smith Oval in the morning and check out the local talent.

Cheers to the boys and to Mr Dal Forno for driving the bus and scoring so diligently.

Nyngan 9/109 (T. Ryan 35, T. Walsh 21) defeated **Gilgandra 47** (B. Frost 16*, C. Ryan 2-3, T. Walsh 3-7)

Toby Miles
Cricket Coordinator



Why teach kindness to kids?

The school environment can be very stressful; in addition to any issues they bring from home, students can struggle academically, socially and physically. School can sometimes be uncomfortable or even unpleasant for some students and by teaching empathy and compassion we contribute to both students and staff wellbeing.

Kindness can bridge gaps and helps build a sense of connection among the students, the teachers, and even the parents. Learning to strengthen their attention and regulate their emotions are foundational skills that could benefit kids in school and throughout their whole lives. In this week's Year Adviser workshops students will be assigned a teacher whom they will complete a random act of kindness for. In the coming weeks, teachers will be given the same task with students. This helps not only to increase positive emotions but to build a more connected school where everyone feels like they belong.

On top of that, having classrooms full of mindful, kind kids completely changes the school environment. This week we are participating in the "Close your eyes open your mind" initiative which promotes taking steps to look after your own mental health, while also helping others to join the movement to promote positive mental health and wellbeing. Together we can build calm, resilient and healthier communities and this is an initiative to help that.

Just like we exercise to keep our body healthy, mindfulness meditation is a way we can exercise our mind to keep it equally healthy. With one in every five Australians facing a mental health issue, this campaign aims to highlight the importance of being proactive in looking after our mental health.

If you wish to be involved please check out the website <http://smilingmind.com.au/smiling-mind-app/>



"Throw kindness around like confetti."

Angie Bush
Team Leader Positive Education

English report.

It's been a humdinger of a start to the term for the English/HSIE staffroom with so much to tell, and so little newsletter space to do so. Here are some highlights of activities going on in and around the classroom:

Stage 5 Australian Studies – are looking at the history of popular culture in Australia. With Miss Rixon and Mr Miles, the students are doing a project where they select a decade and create a memory box, full of music, films and popular trends from the 50s, 60s, 70s or 80s. They will give the boxes to a loved one with a particular attachment to that decade, who in turn will be riddled with nostalgia.

Stage 5 English – are heavily engaged in a unit on documentaries. Year 9 Enrichment recently watched a documentary called “The Cove”, which exposed the senseless slaughter of dolphins in a small fishing town in Japan. The quality of the students’ responses would dictate that these clever students have an appreciation for the form.

Year 7 Aboriginal language – have been visiting the pre-school every fortnight to teach the littlies a bit of Ngiyampaa. Year 7 are creating personalised picture books that incorporate language and the interests of the kids. Some photos from our adventure down there the other day to build some rapport between the kids tell a nice story:



Next week is National Recycling Week and the faculty will be doing some activities to remind the kids of the benefits of recycling for future generations.

We encourage all families to actively engage in correct waste management in the home and throughout the community!

*Toby Miles
English*

New in the world of words !!

Exciting Young Adult Authors are coming to Nyngan High

Some lucky members of the English classes are going to benefit from the combined wisdom of three successful writers on 3rd November. Will Kostakis, Ellie Marney and Shivaun Plozza will spend an hour talking about their tips and tricks for successful writing, then a creative writing workshop will be conducted by Will with the lucky students chosen by Mrs Bush to take part.



Ellie Marney



Will Kostakis



Shivaun Plozza

The 'Good-vibes Catcher' in the library is starting to look good. Several people have contributed positive messages that enrich those who read them, let's fill it with colour and good-vibes!



The first of the Wonderwall collages has gone up, by the end of the year every student and member of staff will be represented at least once. Sadly it has had to be protected with plastic because some silly person thought it was OK to scribble over another students face. Please don't be 'that person'! We at Nyngan High are all about kindness – if you have a problem with someone, talk it out. You will feel a lot better for not being 'that person' I can promise you.

I have listened to you and in response to a request for a place to colour in; I've created a colouring in table. You can choose between working on the large collaborative piece stuck to the table top or chose a page in one of the beautiful books in the pencil box.

'A person who reads lives a thousand lives before they die - the person who doesn't, lives only one.'

N Booth
The Book Chook



Fantastic effort Nyngan High School!

The recent Trash and Treasure sale and raffles were a great success. So many people donated sweet treats for the cake stall that the Library Office looked like a temporary bakery. Students stepped up to assist for the evening, special mention to Melanie, Saranna, Millie, Jordan, Leah and Kaleb.

Although the turnout on the night was relatively small, thanks to driving rain and hail, those that did come dug deep and did us proud.

With the two raffles: a beautiful quilt donated by the lovey Wendy Clissold and a \$50 IGA voucher donated by Louise Shone, the total raised by the High School and supporters was a grand total of \$1,500. This sum was deposited in the Commonwealth account established by the Support for Matty page on Facebook. (<https://www.facebook.com/Support-for-Matty-1849468501941459/?fref=ts>) Check out the page for updates on Matty's progress and how to get involved in the community support.

The raffles were drawn on Monday morning and the lucky winners were: Wendy Robb Snr – won the quilt, and Mary Bodycott – won the IGA voucher.

If you missed your chance to help us help Matty, you can simply go into the Nyngan branch of the Commonwealth Bank and offer a donation. The lovely ladies there have the account details handy to help you.



N Booth

The Book Chook

Movember

In the spirit of Movember, some of the male staff here at Nyngan High School will be participating in Movember with all the money raised going to young Matty Bolam.

Starting today with fresh clean shaven faces, the boys will be battling it out for the Best and Weirdest Moustaches as voted by Matty himself and students at the school.

Any donations are greatly appreciated and can be handed in to the front office care of Matty Movember !!

Thank you for your support.

Regards

T Dal Forno

“Movember “



SRC News

Over the past few weeks, the SRC have been busy with activities within school but also in the wider community. At Nyngan High School we have assisted with Miss Booth's fantastic fundraiser for Matty Bolam by running the Cake Stall during school and helping with the BBQ after school.

We have also re-commenced activities in the gym at recess and lunch times. So far, the Year 7's and Year 8's have been busy playing basketball and indoor cricket. It has been terrific watching everyone get involved and having fun!

The Kindness Box went around during DEAR to give everyone the chance to write gratitude notes to others and share them with each other.

The Year Group Workshops have given the SRC the opportunity to develop leadership skills by coordinating team building activities with their peers.

As you can see, the SRC have really stepped it up this term at school to ensure they are more than a voice but are an action-orientated student body.

Outside of school, we travelled to Tottenham for the last SRC District meeting of the year. They learnt about the opportunities available to engage Nyngan High School with the community. I am pleased to say that we have already commenced our fortnightly visits to the Mick Glennie Hostel where our students look forward to chatting and getting to know the residents there. It's a highlight to see the generations getting together and swapping stories. I'm not sure who gets more out of it - them or us! The residents enjoy something different in their day with the visits and the students get to hear of the past and gain a real sense of what community is all about.

We are not finished this term! We still have a school disco to run on the 6th December and more activities during school time. I am so proud of our 22 SRC students for their enthusiastic approach to making Nyngan High School an enjoyable and positive learning environment.

M Walsh
SRC Coordinator



Nyngan High School students visiting Mick Glennie Hostel

TAS/PDHPE Newsletter Report

Congratulations to Liam Wherritt on recently umpiring a Soccer game for Nyngan Public School. The feedback we received was glowing and we congratulate Liam on his contribution.

This week we have 4 students assisting NSW Cricket Gala Day on Thursday. We are certain that Jak, Alahna, Tim and Liam will do Nyngan High proud.

A reminder about wearing the correct shoes. The school policy states black leather shoes are to be worn and this is especially important in practical lessons. Students not wearing leather shoes are unable to participate in practical activities due to safety concerns.

During Week 9 all students in Years 7-10 will be participating in our swimming program between recess and lunch. A more detailed letter and permission note will be sent home in Week 6. A reminder if students do not have a season ticket they will need to have money each day for pool entry. If for some reason your child is unable to participate in sport or PE lessons we ask that you please provide us with a note stating the reason and how long they are unable to participate. A Doctors certificate is always welcome.

Work Experience

This week students in Year 10 participating in Work Experience received their folders. The folders also went out to all our local employers. I am again very appreciative of the students who returned their forms on time as collating this program is a big task.

As always I am grateful to our wonderful community and their enthusiasm for supporting this program.

Peer Support

All Year 9 students will participate in Peer Support Training on the 1st & 2nd December, 2016 with Miss Stafford and Mr Milligan. They will then be given the opportunity to apply to be a 2017 Peer Support Leader.

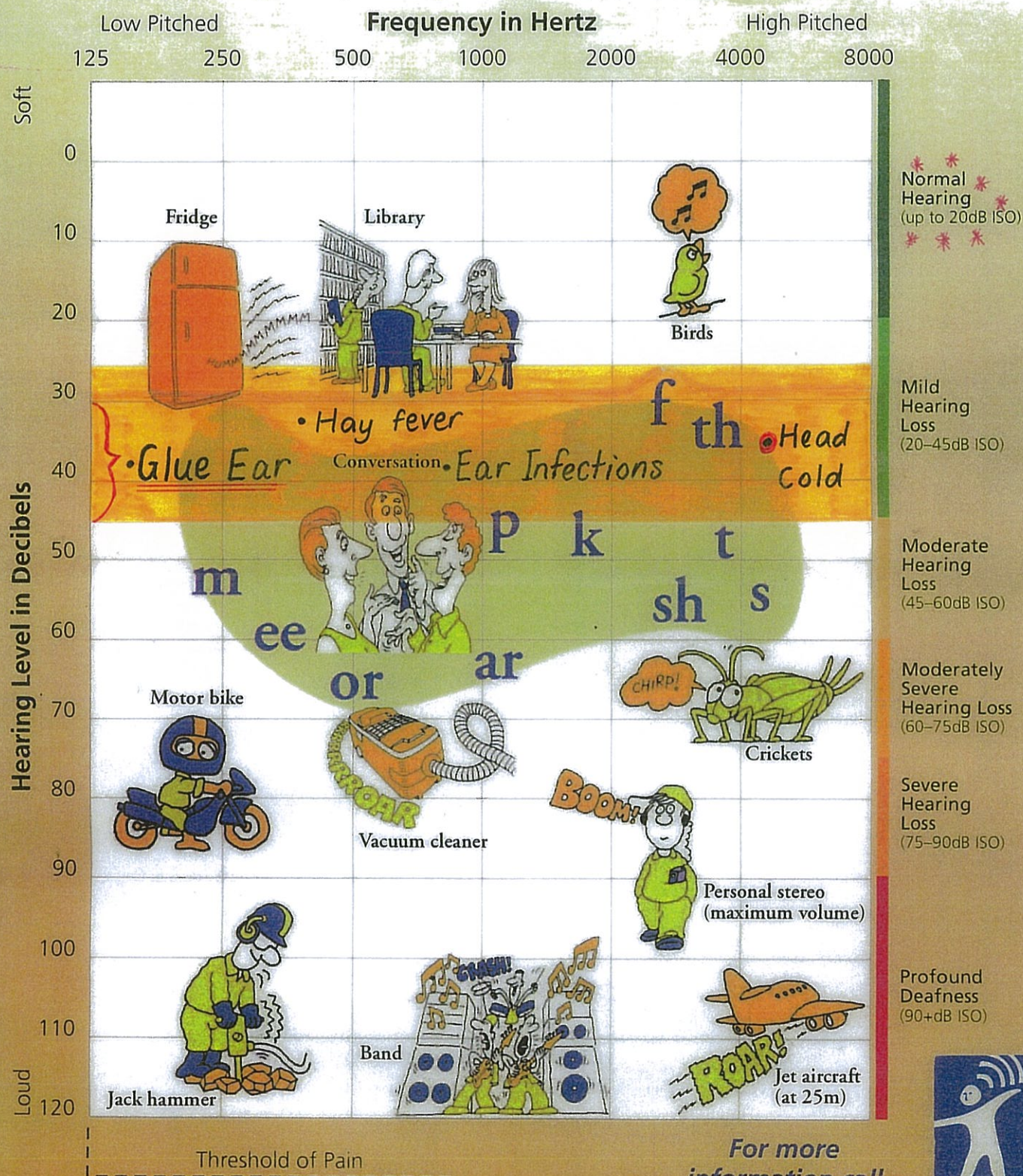
Relieving

While I am away marking, any queries should be referred to Miss Stafford as I am marking through the day.

N Walsh

Head Teacher TAS/PDHPE/Careers

How well are your children hearing you?



For more information call

131 797



Please contact Anne Lupton at Nyngan High School on: 02 68 321004 - for further information.

Thank you

Did you know this can be prevented by regular nose blowing and hand cleaning through-out the day.





Are you a female and love cricket?
Want to remain involved in the game?
Want to learn more about cricket?
Want to earn some extra **cash**?



BECOME A CRICKET UMPIRE



Participate in the game from the best spot at the ground.

Become involved in Australia's favourite sport, learn new skills, meet new people and have fun.

Cricket NSW is currently offering the Cricket Australia Community
Officiating course **free** for females.

Don't let age or experience be a barrier– everyone is welcome.

Contact Claire.Polosak@cricketnsw.com.au for more information

Week 5 (B)	Monday 7 November	Tuesday 8 November	Wednesday 9 November	Thursday 10 November	Friday 11 November
P1	05DA – Stafford 05FT - Field	10MAE – Lennon 05SCA - White	10SCE - Strong	05MU - Horne	MID TERM BREAK
P2	10ENE – Bush 05HGA – Miles 09MAE - Buchanan			05ENA – McVey 10HGE- Rixon	MID TERM BREAK
P3		09ENE - Miles		05MAA - Buchanan	MID TERM BREAK
P4		05DR – Scott 05AG - Walsh	05PA1 – Dal Forno		MID TERM BREAK
P5			05PA2 – Dal Forno	09PEE – Dal Forno	MID TERM BREAK

Week 6 (A)	Monday 14 November	Tuesday 15 November (Yr10 CSU VISIT)	Wednesday 16 November (Yr10 CSU VISIT)	Thursday 17 November	Friday 18 November
P1	MID TERM BREAK		09HGE - Rixon	WSPA CONCERT	
P2	MID TERM BREAK			WSPA CONCERT	
P3	MID TERM BREAK			WSPA CONCERT	
P4	MID TERM BREAK	10PEE – Dal Forno 09SCE - Montgomery		WSPA CONCERT	
P5	MID TERM BREAK			WSPA CONCERT	

Stage 4 Yearly Examinations – Week 5 (week B)

	Monday 7 NOV	Tuesday 8 NOV	Wednesday 9 NOV	Thursday 10 NOV	MID TERM BREAK
Period 1	4SCA - Montgomery	4SCE – Strong 4SCD - Montgomery		4PEA – Stafford 4HGE - Rixon	
Period 2	4SCO - White				
Period 3		4MAO - Lupton	4LAD - Lupton	4PEO/D – Dal Forno	
Period 4	4SCD - Strong			8MU - Horne	
Period 5		4PEE - Stafford		7MU2 - Horne	

Stage 4 Yearly Examinations – Week 4 (week A)

	Monday 31 OCT	Tuesday 1 NOV	Wednesday 2 NOV	Thursday 3 NOV	Friday 4 NOV
Period 1		4MAA – Lennon 4ENE - Scott	4HGA – Bush Year 8 VALID	Year 8 VALID	4HGO - Lupton
Period 2	4MAE - Lennon	4ENA - McVey			
Period 3					
Period 4		7LOTE1 – Bush 7DRA - Scott		7LOTE2 - Miles	8DRA - Scott
Period 5	7MU1 - Horne			4ENO - McVey	