



NYNGAN HIGH SCHOOL

INNOVATION, EXCELLENCE, OPPORTUNITIES & SUCCESS

TUESDAY 19TH NOVEMBER, 2013

TERM 4 WEEK 7

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DATE/EVENTS

UP COMING DATES

Wednesday 20th November
- Island Night Disco Nyngan High School Gym 7.00pm to 9.30pm

Wednesday 20th November
- Welcome Assembly for Tongling Middle School Nyngan High Gymnasium 8.50am

Monday 18th November - Thursday 21st November - Tongling Middle School visit to Nyngan

Thursday 28th to Sunday 1st December - School Spectacular Foyer Entertainment Sydney Entertainment Centre

Thursday 28th & Friday 29th November - School Spectacular Spectators Sydney

Wednesday 4th December - Formal Assembly Nyngan High School Gymnasium 12.50pm

Monday 9th December - Nyngan High School Presentation Night 7.00pm in the gymnasium

Sunday 15th December - Carols in the Park - Davidson Park 7.30pm

TONGLING MIDDLE SCHOOL VISITS TRITTON MINES



Tongling Middle School students and teachers along with Nyngan High School students and teachers visited the Tritton Mines for a tour today. Tongling students and teachers are here until the end of the week, so if you see them around town please stop and say hello.

Newsletter

Principal's Report

Tongling Delegation Arrives

The Tongling delegation arrived in Nyngan Monday evening. Thank you to the staff, students and parents who have agreed to assist in the visit. The itinerary for the visit is outlined below:

Monday 18 th November 2013						
Time	Activity	Organiser, Supervising Teacher	Place	Transport	Others Attending	Preparation of Food
2:10pm	Travel to Dubbo Airport	Ngaire Booth	Leave from front of school	Bus – Jim Hampstead	Gemma Smith Lucy Buchanan Petria Quarmby Georgia Horo Skye Douglas Tahlia McDermott Zara Hoare Zoe Angove	NA
4:30pm	Arrive Dub- bo Airport	Ngaire Booth	Dubbo Airport	Bus – Jim Hampstead		NA
7:00pm	Return to Riverside Caravan Park	Ngaire Booth	Riverside Caravan Park	Bus – Jim Hampstead		
7:30pm	Dinner at the Riverside Caravan Park	Malee Lipman, Nicole Hunt, Tanya Buchanan, Dave Buchanan Camilla Sibbald	Party Hut	Not required	Tegan Douglas + Others on bus trip	Malee Lipman, Tanya Buchanan, Dave Buchanan Camilla Sibbald

Tuesday 19th November 2013

Time	Activity	Organiser, Supervising Teacher	Place	Transport	Others Attending	Preparation of Food
7:30am	Breakfast	Tongling Teachers, Council	Riverside Caravan Park Party Hut	NA	Nil	Council
9am	Travel to Tritton Mines	Teacher Bus Driver Nicole Hunt	Tritton Mines	Bus	Josie Angove Ellie Smith Maddy Horo Britt McClelland Jarrod Blake Melanie Fitzalan Thomas Waterhouse Cooper Barrow	NA
9:45-11am	Visit Tritton Mines for a tour	Teacher Bus Driver Nicole Hunt	Tritton Mines	Bus		NA
11:30- 12:30pm	Visit Ray Donald's Property	Teacher Bus Driver Nicole Hunt	"Rutherglen"	Bus		NA
1pm	Lunch	Miss Lipman	NHS Kitchen	Bus	Miss Lipman's period 4 class	Miss Lipman
1:30pm	Fishing and Canoeing Bogan River	Teacher – Richard Milli- gan, Viv Cleaver	Riverside Caravan Park, Bogan River	Walking from cabins	Drumbeats Students	Bait to be organised by Fishing teacher
3:30pm	Leave Nyngan for Properties		Leave from Caravan park 3:30, pick up at front of NHS 3:35pm	Bus	Luke Wye Kaleb Holmes Jordan Rufus Grady Ramsey Cassie Bartley Britt McClelland Keegan Hunt Ellita Hunt	
4pm	Visit Walsh's Property "Watullo"	Noelene Walsh, Bus Driver Nicole Hunt	"Watullo"	Bus		Noelene Walsh afternoon tea
5:30pm	Visit Montgomery's Property for Bush BBQ Dinner	Leonie Montgomery, Bus driver Nicole Hunt	Mont's Place	Bus		Leonie Montgomery Dinner
8 or 9pm	Return to Riverside Caravan Park, NHS students to front of NHS	Bus Driver Nicole Hunt	Riverside Caravan Park	Bus		Bus Driver TBA

Wednesday 20th November 2013

Time	Activity	Organiser Supervising Teacher	Place	Transport	Others Attending	Preparation of Food
7:30am	Breakfast	Tongling Teachers, Council	Riverside Caravan Park Party Hut	NA	Nil	Council
8:25am	Pick up to drive to NHS	Bus Driver Kingsley Hunt	Riverside Caravan Park	Bus	Nil	NA
8:38am	Roll Call	Hellene Underwood	Nyngan High School	NA	Nil	NA
8:50am	Welcome Assembly	Mrs Murray, Mrs Swift, Miss Stafford, Mrs Underwood	NHS Gym	NA	All Nyngan High School students and staff Father Graham	NA
10am	Nyngan Shearing Museum	Teacher & Bus Driver Mr Hunt	Nyngan Railway and Shearing Museum	Walking/ Bus	Shakirra Ebsworth Shakara Ebsworth Whitney Ebsworth Jennifer Ebsworth Tom Waterhouse Cooper Barrow Jarrod Blake Melanie Fitzalan Skye Douglas Tahlia McDermott Kasey Douglas Luke Wye Liam Wherritt Caleb Wardman Ellie Smith Rahni Bodanski Lara Hamblin	Morning Tea - Museum
11am	Recess	Playground duty teachers	NHS Playground	Walking/ bus	All NHS students	NA
11:30-12:35pm	Period 3	Mrs Montgomery Science lesson	Room	Walking	Mrs Mont to select students	NA
12:35-pm	Period 4	Mrs Swift Music Lesson + Student Performances	Room	Walking	Mrs Swift to select students	NA
1pm	Lunch	Miss Lipman	NHS Kitchen	Walking	Miss Lipman's Period 4 class	Miss Lipman
2:10pm	Period 5	Miss Hughan Visual Arts Lesson	Room	Walking	Miss Hughan to select students	NA
3:15pm	Travel back to Riverside Caravan Park	Bus Driver Kingsley Hunt	Meet bus at front of NHS	Bus	Nil	Afternoon tea - council
3:30pm	Speed Boat Ride	Bus Driver Kingsley Hunt + Boat Driver Debb Wood	Bogan River	Speed Boat	Kasey Douglas, Skye Douglas Cassie Bartley Zoe Sibbald Jarrod Blake Britt McClelland Emerson Alderson Maddy Horo	Debb Wood
4:30pm	Free time		Riverside Caravan Park	Walking/ Bus	NHS students to return to front of NHS	Snacks - council
6:30pm	Dinner	Bus Driver Kingsley Hunt	NHS Kitchen	Bus	NHS SRC Students	Aimee Rixon + SRC
7pm	School Disco Island Theme	Aimee Rixon	NHS Gym	Bus	NHS students and staff	SRC Sausage Sizzle
9pm	Return to Riverside Caravan Park Cabins	Bus Driver Kingsley Hunt	Riverside Caravan Park	Bus	Nil	NA

Thursday 21st November 2013

Time	Activity	Organiser, Supervising Teacher	Place	Transport	Others Attending	Preparation of Food
7:30am	Breakfast	Tongling Teachers, Council	Riverside Caravan Park Party Hut	NA	Nil	Council
8:25am	Pick up to drive to NHS	Bus Driver Greg Corby	Riverside Caravan Park	Bus	Nil	NA
8:38am	Roll Call	Mrs Underwood	Nyngan High School	NA	Nil	NA
8:50am	Period 1	Sporting Activities Lesson Mr Bockos	Meet under COLA	Walking	Mr Bockos to select Students	NA
9:55am	Period 2	HSIE/Legal Studies Class Miss Rixon	Room 9	Walking	Yr 11 Legal Studies students	NA
11am	Recess	Playground duty teachers	NHS Playground	Walking	All NHS students	Council supplied snacks brought from the caravan park to school by individual students
11:30am	Police Station & Court House Visit	Teacher – Mrs Bush??	Police Station and Court House	Walking	Cooper Barrow Keegan Hunt Kaleb Holmes Shelby Dunn Zoe Sibbald Melanie Fitzalan Kasey Douglas Tahlia McDermott Skye Douglas Jarrod Blake Thomas Waterhouse Shakirra Ebsworth Shakara Ebsworth Whitney Ebsworth Jennifer Ebsworth Georgia Salter Maddy Horo Caleb Wardman Ellie Smith Rahni Bodanski Lara Hamblin	NA
12:30pm	Visit Pangee St Shops e.g. Bogan Lolly Shop, Nyngan Innovations, Bradswear Council Chambers	Teacher – Mrs Murray	Pangee St Nyngan	Walking		NA

* Thursday itinerary continued on next page .

Thursday 21st continued

1:40pm	Lunch	Miss Lipman	Nyngan High School Kitchen	Walking	Interested NHS students	Miss Lipman
2:10pm	Barn Dancing	Miss Stafford Dance Lesson + Student Performances	NHS Rm 16	NA	NHS Students who express interest and determined by Miss Stafford	Afternoon tea snacks - council
3:15pm	Return to Riverside Caravan park for Free time	Bus Driver Greg Corby	Front of NHS	Bus	Nil	
6:30pm	Formal Dinner	Mrs Hunt, Mrs Murray +, Bus driver Mr/Mrs Hunt to and from Caravan park	Nyngan Bowling Club Chinese Restaurant	Bus	NHS Students who express interest + 2013 Tongling students	Council organising menu for dinner
8:30pm	Return to Riverside Caravan park	Bus Driver Mr/Mrs Hunt	Front of Bowling Club	Bus	Nil	NA

Friday 22nd November 2013

Time	Activity	Organiser, Supervising Teacher	Place	Transport	Others Attending	Preparation of Food
6:00am	Breakfast	Tongling Teachers	Riverside Caravan Park	Walking	Nil	Tongling Teachers, Council
6:40am	Leave for Dubbo Airport	Steph Carter, Jim Hampstead	Riverside Caravan Park	Bus	Cooper Barrow Tom Waterhouse Skye Douglas Emerson Alderson Zara Hoare Zoe Angove Georgia Salter Zoe Angove	NA
9:35am	Catch plane to Sydney		Leave Dubbo Airport			NA
12pm	Return to NHS					Students to bring along their own morning tea or money to purchase something at McDonald's before returning to school

Culinary Challenge

The school received the following message from the organisers of the Culinary Challenge in Bathurst:

"I would like to thank you for your school's participation in the Western Culinary Challenge last Wednesday. The challenge was a great success and would not have been possible without the support and dedication from you and your students.

Congratulations to all of your students. They showed great maturity and dedication on the day and they should be very proud of their performances.

Thank you to Miss Lipman for the wonderful work she does with our students.

Cyber Safety

This Friday our Police School Liaison Officer will be coming to the school to speak with our students about cyber safety. In particular she will be explaining the law around people found to have inappropriate material on an electronic device and the consequences that result.

Students found to have inappropriate material on an electronic device at school may be suspended from school.

Hip Hop Duo “Dying to Be Alive”

Our school youth worker, Richard Milligan and our local churches arranged to host a pair of hip hop performers in the school on Monday. Students attended a 45 minute presentation on Monday morning. The students were very well behaved and seemed to enjoy the hip hop.

Uniform

Students and parents are reminded that Monday is Sports Uniform day which means that students wear navy polos, navy shorts and sports joggers. Tuesday to Friday are normal uniform days where students wear white and pale blue polos to school please.

Skirts for Presentation Night

A reminder to parents and female students to try their skirt on in the next few weeks. If you have grown taller it is a good idea to take them hem down on your skirt prior to Presentation Night. Presentation Night is in week 9 so you have 2 weeks to lengthen skirts as necessary. Many students don't wear their skirts everyday, but save them for formal functions. There have been some instances of students growing in between the times they have worn their skirts. Your cooperation in ensuring that skirt lengths are mid thigh is appreciated.

Disco

This Wednesday we will be holding a school disco in the Gym. Students will enjoy a sausage sizzle and 2 hours of dancing with our Tongling guests. Please be aware that students will not be allowed to walk home from the disco without parental supervision. Students will remain in the care of teachers until they are collected by their parents.

Comprehension Help for Teens

Some kids will read perfectly in primary school and then suddenly struggle with comprehension in high school. Here's why.

Comprehension help: <http://www.schoolatoz.nsw.edu.au/homework-and-study/english/english-tips/reading/comprehension-strategies-you-can>

Planning For the Future

Throughout your child's school life you'll need to make choices about aspects of their education and future. Here's a selection of tips to help you plan for parent-teacher talks, subject selection, careers advice and back-to-school.

Planning for the future: <http://www.schoolatoz.nsw.edu.au/homework-and-study/planning-for-the-future>

Kids, Homework and Lies

Do you think your child is lying about their homework? Listen to psychologist Anne Hollonds chat with James O'Loughlin on what to do when the dog eats the homework.

Homework tips: <http://www.schoolatoz.nsw.edu.au/homework-and-study/homework-tips/kids-homework-and-lies>

Maths at Home

Kids' early experiences with measurement are often based on watching their parents. Seeing mum or dad measure and pour ingredients for a recipe or weigh items at the fruit shop will often become part of their play.

Maths at home: <http://www.schoolatoz.nsw.edu.au/homework-and-study/mathematics/mathematics-tips/helping-your-child-measure-mass-and-volume>

Maths Tips for Tweens

Kids who find maths easy in the early years of school can be turned off quickly if they get confused and can't work it out. Here are 10 ways to get your tween through the more challenging times.

Maths tips: <http://www.schoolatoz.nsw.edu.au/homework-and-study/mathematics/mathematics-tips/tips-for-tweens-who-find-maths-hard>

Time to Party

While most parties go off without a hitch, celebrations can go wrong and get out of hand – particularly if the party is unplanned. Here are tips to help ensure your teen and their friends have fun but stay safe.

Time to party: <http://www.schoolatoz.nsw.edu.au/wellbeing/development/time-to-party>

Have a great week!

Kind regards,

Mrs Nicole Hunt

Principal

Peer Support Workshops

On Thursday the 14th of November 2013, year 10 Peer Support Leaders and Year 7 attended an afternoon workshop on Bullying and making positive reconnections with people within their year group. Richard Milligan and Viv Cleaver steered the group through the serious consequences of bullying and the positive difference individuals can make as a bystander when we stand up against bullying.

The students watched a Sixty Minutes story on a young girl called Chloe, who tragically suffered the effects of physical and emotional bullying, intensified by the use of Facebook. The session was broken up with fun and relevant activities. The students were told some strategies on how to deal with being bullied as well as coming up with some of their own ideas on how they could stop bullying within the school and community. Richard and Viv did a fantastic job delivering this session on such an important and sensitive topic. I would like to thank them for their time.

As part of their reconnection with other students, the students ate together in their Peer Support groups and enjoyed pizza, wedges, chocolate cake and ice-cream for lunch. This provided an opportunity for Year 10 Support Leaders to chat and provide support with their Year 7 groups in an informal setting.

The final part of the day involved participation in teambuilding activities which were run in the Peer Support groups. The Year 10 students ran the sessions which allowed the year 7 students to enjoy activities amongst peers who were not necessarily their close friends. Activities included 'Paper not floor'; the object of which was to see how many people in a group could fit onto the least amount of A4 sheets of paper on the floor. The best effort was achieved by Rylee Phillips and Christopher's group with three sheets of paper. Their success was achieved through applying intelligent strategies or commonly called the 'piggy back' technique. Great team work! The day ended with everyone participating in an enormous game of Pulse Train. This game created a tense amount of competitiveness between the two groups but it was overshadowed by the many students cheering and laughing together.

Throughout the afternoon many smiles were shared and offers of encouragement were given. Nyngan High School is very lucky to have a supportive and well-connected student body who, despite age difference, continue to nurture and care for each other. The afternoon was important for many students to realise how lucky they are to live amongst such compassionate people. It is these qualities which makes Nyngan School and community such as valuable and special place to live.

H Underwood
Peer Support



Photos from the Peer Support Workshops held on the 14th November, 2013 in the school gymnasium.

Students enjoyed doing a variety of activities which created lots of excitement and laughter.



Schools Spectacular

Schools Spectacular is fast approaching, with less than a week before Nyngan High School travels to Sydney. There will be a meeting with interested parents and students on Wednesday at 1.40pm in Room 16. Detailed information the trip is all covered in the itinerary. I have had a number of people confused about the payment of food whilst away. As the number of nights in Sydney had to be extended, it has been outlined in the itinerary that students will need to manage their own money for food while away. Feel free to contact me if you are unable to make the meeting and you have questions.

Thank you

*T Stafford
School Spectacular*

CANTEEN SPECIAL

Doner Kebabs—Chicken or Lamb ***\$6.50***

Island Night Disco



On Wednesday 20th November, Nyngan High School's SRC will be holding a Disco. Permission slips and payment for the BBQ and Disco entry will be at the door. Student's **MUST** attend school on the day of the Disco to be permitted to attend, unless **prior permission** has been granted. Notes will be given out on Tuesday 19th November, 2013.

Don't want the BBQ dinner?

All good, you can just pay your \$5 entry at the door and can buy drinks from the canteen

Stuck for ideas what to wear?

- Boardies and a shirt
- Colourful dress
- Beach hat
- Sunnies
- Coloured Zinc

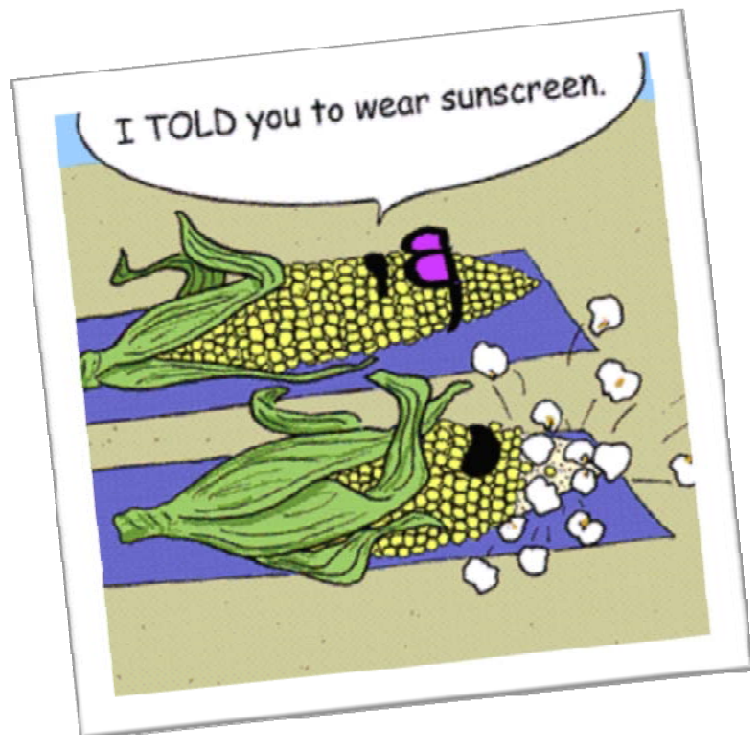
"Mum! Dad! I don't have anything to wear!!!!!"

RELAX!

Just come as your awesome self and you don't have to dress up!

This will be a fantastic night filled with prizes for best dressed and did I mention fun??

The SRC can't wait to see you there!



SRC Raffle

The SRC will be holding a raffle this week to raise funds to purchase more lighting for Disco's and fun and memorable events for the students of Nyngan High School.



The SRC will be selling tickets at RECESS
and LUNCH

3 for \$5 OR \$2 each

PRIZE PACKS INCLUDE: Variety of vouchers for Cotton On, Jay Jay's, Sport's Co, iTunes, Backpack, Beach Towels, Lollie Pack from the Bogan Lolly Shop, plus many more...

The winners will be announced at the
Disco Wednesday Night

**YOU HAVE GOT TO BE IN IT
TO WIN IT!**

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